

NUTRITION AND COMMUNITY SERVICES  
DIVISIONJanette Martin, *Chief*

225-1095

The Nutrition and Community Services Division gives statewide direction to the local administration of aging programs and services. These include nutrition, transportation, senior information and assistance, employment, health promotion, physical fitness, legal assistance, and senior center operations and construction. The Division monitors and technically aids a network of eighteen area agencies on aging. The agencies receive grants of federal and State funds from the Office on Aging to serve the elderly in their geographic areas. Area agencies encompass all counties and Baltimore City. Funding sources for grants include Title III of the federal Older Americans Act; Section 700 of the federal Food and Agriculture Act; and State general funds.

Senior Information and Assistance is a coordinated statewide program that helps older persons obtain information and services. In each local jurisdiction or area of the State, the Senior Information and Assistance office is a single point of contact for older persons seeking services and benefits from public and private agencies.

SENIOR INFORMATION AND ASSISTANCE  
OFFICES

## Allegany County

Cumberland Senior Citizens' Center  
19 Frederick St.  
Cumberland, MD 21532                      724-1141  
777-5970

## Anne Arundel County

Arundel Center North  
101 Crain Highway, N.W.  
Glen Burnie, MD 21061                      785-6825  
toll free (Annapolis): 1-800-492-2499

## Baltimore City

Waxter Center for Senior Citizens  
861 Park Ave.  
Baltimore, MD 21201                      396-1341

## Baltimore County

Baltimore County Dept. of Aging  
611 Central Ave.  
Towson, MD 21204                      887-2594

## Calvert County

Calvert Pines Senior Center  
450 West Dares Beach Rd.  
Prince Frederick, MD 20678              535-4606  
D.C. metropolitan area: 855-1170

## Caroline County

Caroline County Senior Center  
4th Street Armory  
Denton, MD 21629                      479-2535  
479-2093

## Carroll County

Westminster Senior Center  
Old West End School Bldg.  
Schoolhouse Ave.  
Westminster, MD 21157                      848-4049  
from Baltimore: 876-3363, ext. 49  
from Mt. Airy: 875-3342

## Cecil County

Cecil County Senior Center  
214 North St.  
Elkton, MD 21921                      398-7228

## Charles County

Charles County Aging Services Office  
P.O. Box B  
La Plata, MD 20646                      934-8080

## Dorchester County

Cambridge MAC Center  
614 Race St.  
Cambridge, MD 21613                      228-0323

## Frederick County

Frederick County Commission on Aging  
520 North Market St.  
Frederick, MD 21701                      694-1604

## Garrett County

Oakland Senior Center  
104 East Center St.  
Oakland, MD 21550                      334-1330

Flowery Vale Senior Center  
P.O. Box 248  
Accident, MD 21520                      895-3447

## Harford County

Harford County Senior Center  
145 North Hickory Ave.  
Bel Air, MD 21014                      838-6000, ext. 331, 380  
from Baltimore: 879-2000, ext. 331, 380

## Howard County

Florence Bain Senior Center  
5470 Beaverkill Rd.  
Columbia, MD 21044                      730-7697

## Kent County

Kent County Senior Center  
118 North Cross St.  
Chestertown, MD 21620                      778-2564

## Montgomery County

Holiday Park Senior Center  
3950 Ferrara Dr.  
Wheaton, MD 20906                      468-4443